



ROOKE® HFS™ BOOT

HEEL FLOAT SYSTEM



INSTRUCTIONS FOR USE GUIDE

- DETAILING:
- ASSESSMENT OF HEEL AND FOOT
 - CUSTOMIZED TRIMMING TO SIZE
 - FOOT DROP PROTECTION
 - TOE FLAP EXTENDERS



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ASSESSMENT OF HEEL AND FOOT



1 While leaving the patient in the Rooke HFS Boot, open the toe flaps and locate the hook & loop closures heel tabs



2 Gently pull the heel tabs to expose the bottom of the foot.



3 With the Boot open, you can now do assessments and/or pedal pulses.



4 To reconnect, simply reverse the process. Pull the heel tabs up to the side of the Boot and gently reconnect the hook & loop. Cover the toes in the normal procedure.



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CUSTOMIZED TRIMMING INSTRUCTIONS FOR SMALLER FEET



1 Identify the dark stitched line on the toe flaps and determine if trimming is necessary. If so, safely position your patient's foot & leg away from the area to be trimmed. Cut 1/4" distal (patients distal) to the dark stitch line.



2 After trimming approximately halfway, start at the top of the toe flap and meet cut edge. Take care as you trim to leave the dark stitching intact.



3 Discard the trimmed section and begin trimming toe flap if desired.



4 To shorten the tongue flap, locate the dark stitching and cut distal to the line taking care to leave the dark stitching intact.



5 Gently tuck your patient in the Rooke HFS Boot in your normal procedure.



6 The Boot trimming is now complete.



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FOOT DROP PROTECTION

TOE FLAP EXTENDERS



1
Locate the patient's metatarsal heads in reference to the Rooke HFS Boot and apply the hook and loop closure of the strap to the boot.



1
For bulky dressing use the toe extenders. Toe extenders can create a comfortable closure by connecting the hook and loop for the appropriate size.



2
Gently pull each side of the strap for the level of retraction desired. Attach the hook and loop closure on the side of the boot to maintain traction.



2
Use one or two extenders. Gently press the extender on to the toe flap in the desired location.



3
Now your patient has foot drop protection.
* Please note the Rooke HFS Boot and foot drop strap will not correct an existing contracture.



3
With extenders in place, adjust tension as desired.

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